

## Coming together for mental health.

## Join us April 20, 2024,

as we walk, run or roll at the Shoppers Drug Mart<sup>®</sup> Run for Women in support of post-partum mental health programs at **CMHA British Columbia** in partnership with Shoppers Foundation for Women's Health™.



Sign up to join our team at runforwomen.ca

Scan me to sign up







Team Name:

Team Captain:

Contact: