



JOURNEY

Coming together for
mental health.



Sign up to walk, run or roll at
runforwomen.ca

Mental Health. The only way there **is together.**

JUNE 25, 2023
Elk Lake Regional Park

In support of
 Canadian Mental Health Association
British Columbia
Mental health for all

SHOPPERS
DRUG MART 

run for women


Fundraising Goal:

Team Name:

Team Captain:

Contact: