

JOURNEY

Coming together for mental health.



Sign up to walk, run or roll at



Mental Health. The only way there is together.



JUNE 11, 2023 Harris Park

In support of

Canadian Mental Health Association Thames Valley Addiction and Mental Health Service





Fundraising Goal:

Team Name:

Team Captain:

Contact:

* ©/™ Trademarks of 911979 Alberta Ltd. Used under license. © 2023 Shoppers Drug Mart Inc. ** ©Trademark of Loblaws Inc. © 2023 Loblaws Inc.