



Join our Run for Women Corporate Challenge Team.

Why join?

- It's a fun 5K/10K walk/run, taking place on **June 14, 2025**
- You can make a difference in your community by supporting mental health resources at **My Sisters' Place**, a program of **CMHA Thames Valley Addiction and Mental Health Services**
- **REGISTRATION IS FREE**, with a minimum fundraising amount of \$125
- All participants receive an Official Shoppers Drug Mart® Run for Women T-Shirt, Bracelet and our legendary Swag Bag packed with over \$100 worth of products and offers



IN SUPPORT OF



Canadian Mental Health Association
Thames Valley
Addiction and Mental Health Services

SHOPPERS
DRUG MART



IN SUPPORT OF

SHOPPERS
FOUNDATION
FOR WOMEN'S HEALTH



Fundraising Goal:

Team Name:

Team Captain:

Contact: