



JOURNEY

Coming together for
mental health.



Sign up to walk, run or roll at
runforwomen.ca

Mental Health. The only way there **is together.**

JUNE 4, 2023

LeBreton Flats Park

In support of
The **Le**
Royal
Mental Health - Care & Research
Santé mentale - Soins et recherche

SHOPPERS
DRUG MART 

run for
wo  **en**