



# Coming together for mental health.

## Join us June 22, 2025

as we walk, run or roll at the Shoppers Drug Mart® Run for Women in support of mental health resources at Ontario Shores in partnership with Shoppers Foundation for Women's Health™.



Sign up to walk/run 5k or run 10k at [runforwomen.ca](https://runforwomen.ca)

Scan me to sign up



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