

Coming together for mental health.

Join us June 15, 2024,

as we walk, run or roll at the Shoppers Drug Mart[®] Run for Women in support of mental health resources at My Sisters' Place, a program of CMHA Thames Valley Addiction and Mental Health Services in partnership with Shoppers Foundation for Women's Health™.



Sign up to walk, run or roll at runforwomen.ca

Scan me to sign up







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