



# Moving together *for mental health*

Join us **May 23, 2026,**

as we walk, run or roll in support of women and girls' mental health programming at Halton Healthcare in partnership with Shoppers Foundation for Women's Health™.

Sign up to join our team:

IN SUPPORT OF



**SHOPPERS**  
DRUG MART



run for  
women

IN SUPPORT OF

**SHOPPERS**  
FOUNDATION  
FOR WOMEN'S HEALTH



Fundraising Goal:

Team Name:

Team Captain:

Contact: