



# Coming together for **mental health.**

**Join us May 31, 2025,**  
as we walk, run or roll in support of women's and post-partum  
mental health programs at **CMHA British Columbia** in partnership  
with **Shoppers Foundation for Women's Health™**.



Sign up to join our team at  
**runforwomen.ca**



Fundraising Goal:

Team Name:

Team Captain:

Contact: