



# Coming together for mental health.

Join us **May 24, 2025**,  
as we walk, run or roll in support of women and girls’  
mental health programming at Halton Healthcare in  
partnership with Shoppers Foundation for Women’s Health™.



Sign up to join our team at  
**runforwomen.ca**



Fundraising Goal:  
  
Team Name:  
  
Team Captain:  
  
Contact: