



# Coming together for **mental health.**

**Join us May 25, 2024,**  
as we walk, run or roll in support of mental health  
resources at Lois Hole Hospital for Women in partnership  
with Shoppers Foundation for Women's Health™.



Sign up to join our team at  
[runforwomen.ca](https://runforwomen.ca)

IN SUPPORT OF



IN SUPPORT OF



Fundraising Goal:

Team Name:

Team Captain:

Contact: