



Coming together for mental health.

Join us **May 11, 2024,**

as we walk, run or roll at the Shoppers Drug Mart® Run for Women in support of mental health resources at **CMHA Waterloo Wellington** in partnership with Shoppers Foundation for Women's Health™.



Sign up to join our team at
runforwomen.ca

Scan me to sign up



Team Name:

Team Captain:

Contact: