



# Coming together for mental health.

Join us June 9, 2024,  
as we walk, run or roll in support of mental health resources  
at St. Joseph's Healthcare Hamilton in partnership  
with Shoppers Foundation for Women's Health™.



Sign up to join our team at  
[runforwomen.ca](https://runforwomen.ca)

IN SUPPORT OF  
St. Joseph's  
Healthcare Hamilton  
FOUNDATION



Fundraising Goal:

Team Name:

Team Captain:

Contact: